

## August 16-19, 2024 // YMCA Trout Lodge - Potosi, MO

### Who is invited to attend the retreat?

C.O.P.S. Fiancés & Significant Others Retreat is planned for surviving fiancés, significant others, and domestic partners\* of law enforcement officers who died in the line of duty, as

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determined by C.O.P.S. criteria. Other relatives and friends are not eligible to attend.

\*Domestic partner is defined as a long-term committed legal or interpersonal relationship between two individuals who live together and share a common domestic life (i.e. not just a boyfriend/girlfriend).

### How will the retreat benefit me?

Surviving Fiancés, Significant Others, and Domestic Partners have to cope with the fact that plans you may have created for your future have drastically changed after the loss of your officer. Dealing with challenges such as missed opportunities and the

feeling of unimportance is a common struggle you may face. You will get the chance to participate in fun, challenging group activities, while in a relaxed setting away from your everyday stressors. At the retreat, you will meet licensed mental health professionals who will

support you while facilitating sessions as well as optional one-on-one counseling.

#### Where is the retreat located?

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We will be staying at the YMCA Trout Lodge on Sunnen Lake in Potosi, MO. This is located 90 minutes outside of St. Louis.

#### How do I get to the retreat?

If you are flying, you should plan to arrive at St. Louis Lambert Airport (STL) between 9:00 a.m.

and 2:30 p.m. on Friday, August 16. You will be met by a C.O.P.S. representative at the airport and transported to the YMCA Trout Lodge by bus. You will be transported back to the St. Louis Airport on Monday, August 19, by 11:30 a.m. Please be sure your return flight is AFTER 12:30 p.m. to allow time for check-in and security checks. Due to recent travel restrictions, we suggest purchasing travel insurance.

If you are driving, you will need to arrive at the YMCA Trout Lodge by 5:00 p.m. on Friday, August 16, and stay through breakfast on Monday, August 19. **Meals and activities are planned; no late arrivals or early departures please.** 

#### What is the cost of the retreat?

Your only expenses will be the cost of your airfare to and from St. Louis Airport or mileage to and from the YMCA Trout Lodge. If you are flying, C.O.P.S. will provide busing from the St. Louis Airport upon arrival and busing back to the St. Louis Airport upon departure. All lodging, meals and activities are provided at no cost. If you fail to cancel your attendance or do not show up for the program, you may be subject to a participation fee for the following year's program.



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# Testimonial:

"We always say it's the group you don't want to be a part of, but you're so thankful it exists. I am surrounded by strength and resilience when I attend a FN/SO C.O.P.S. retreat. It's an annual trip for me to focus on myself and my journey while making friendships I didn't even know I needed."

> Kelly Famelio Surving Fiancée of Officer Christopher Matlosz Lakewood (NJ) Police Department EOW 1/14/2011

## **Code of Conduct:**

This program has a Code of Conduct. Breaking this code will cause immediate expulsion from the program. Cost of expulsion will be the responsibility of the affected participant. A copy of the C.O.P.S. Code of Conduct and Cancellation Policy will be sent to



you after we receive your registration request. C.O.P.S. and the counselors working with C.O.P.S. reserve the right to pre-qualify applicants and excuse those who may not be suitable for the program. All decisions concerning the same shall be final.

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Limited travel assistance may be available. Contact your local C.O.P.S. Chapter or the C.O.P.S. National Office for additional information.

## **REGISTER TODAY TO JOIN US**

For Assistance Call: 573-346-4911





Deadline for registration is July 16, 2024. Registrations will NOT be accepted after the deadline date.



This event is organized by National C.O.P.S. The sale of merchandise for any cause other than National C.O.P.S. is strictly prohibited. All merchandise sold or distributed at any Hands-On Program must be approved by National C.O.P.S. prior to the program. This project was supported by Cooperative Agreement No. 2020-PS-DX-K002 awarded by the Bureau of Justice Assistance.

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Fiancés & Significant Others Retreat

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Concerns of Police Survivors, Inc. PO Box 3199 Camdenton, MO 65020

